

GET HELP for Opioid Use Disorder

Comprehensive Therapy = Counseling + Medications

Getting counseling and attending support groups like Narcotics Anonymous while taking a medication approved to treat opioid use disorder is the best option for success.

► Counseling

Counseling is an important part of recovery. There are different forms of behavioral therapy that treat the “whole” person. Counseling may include one-on-one therapy, group therapy, community support groups, or spiritual counseling, which are all aimed at improving one’s mental health and connection with others.

Approved Medications for Treating Opioid Use Disorder

Medication	Med Type	What it Does	Special Conditions	Where You Get It	Form	Taken How Often
Methadone (may start immediately)	Long-acting opioid	Relieves cravings and withdrawal symptoms. Blocks opioid high. <i>Side effects: sweating, drowsiness, constipation, overdose risk</i>	Pregnancy, HIV/AIDS treatment, chronic pain or those with kidney or liver disease.	Usually taken at certified outpatient clinics, limited take-home dosing	Liquid Pill Wafer	Daily
Buprenorphine (start 12-24 hours after last opioid use) Suboxone is buprenorphine combined with naloxone	Opioid partial agonist	Relieves cravings and withdrawal symptoms. Blocks opioid high. <i>Side effects: headache, nausea, constipation</i>	Pregnancy, HIV/AIDS treatment, chronic pain or those with kidney or liver disease.	Given at a certified provider’s office. Available at a pharmacy with a prescription so you can take it at home.	Shot Pill Films	Monthly Daily
Naltrexone (must wait 7 – 14 days after last opioid use)	Opioid Antagonist	Reduces cravings but does not help with withdrawal symptoms. Reduces alcohol cravings. <i>Side effects: headache, nausea, constipation</i>	Not good for those on opioid pain medication.	From any doctor, physician’s assistant, or nurse practitioner; take at home.	Pill Shot	Daily Monthly

► Get Started

- Sign up for Medicaid as soon as possible.
healthfirstcolorado.com/apply-now
- Work with a counselor to find the services you need.
- Go to opiorecue.com
- Call: **1-844-493-8255**
- Text: **TALK to 38255**



COLORADO
Behavioral Health
Administration