### Naloxone Can Reverse Overdose

# PROTECT YOURSELF & OTHERS

# Huge Problem:

In the US, more than 50,000 people died of opioid overdoses in 2019. A year later that number was over 75,000. Even now, that number continues to rise. Some call it "the poisoning of America."

Using Naloxone in case of an overdose can save lives.



#### What is Naloxone?

Naloxone is a life-saving medication that breaks the bond opioids have where they attach in your brain.

It stops and reverses the effect of opioids, like fentanyl.

A person who is not breathing due to opioids will start breathing when given naloxone.

It can prevent opioid overdose deaths.

Naloxone is extremely safe, and it won't hurt the person if the overdose is not from opioids.

It only works for opioid overdoses.

#### ► What Can I Do?

Keep naloxone on you, in your car, and at home if you or anyone you know is using opioids or used to use opioids.

#### Where Can I Get It?

- Available from pharmacies with insurance
- Free with Medicaid
- Free at many syringe access sites
- Free at methadone clinics
- No prescription needed

#### ► What Else Should I Know?

A person can't give themselves naloxone when overdosing. You should have a friend or family member hold it when you're using opioids. Likewise, you can hold it for someone else when they are taking opioid.

You may need to give multiple doses, every 2 – 3 minutes.

## ► Six Top Ways to Prevent Overdose

- Always have naloxone with you and around the house.
- Don't take fentanyl when you are alone.
- Don't mix opioids with other drugs or alcohol.
- Use fentanyl test strips before taking any drug.
- If you can't test, take a small dose first to check the strength of the drug.
- If injecting, inject slowly.

